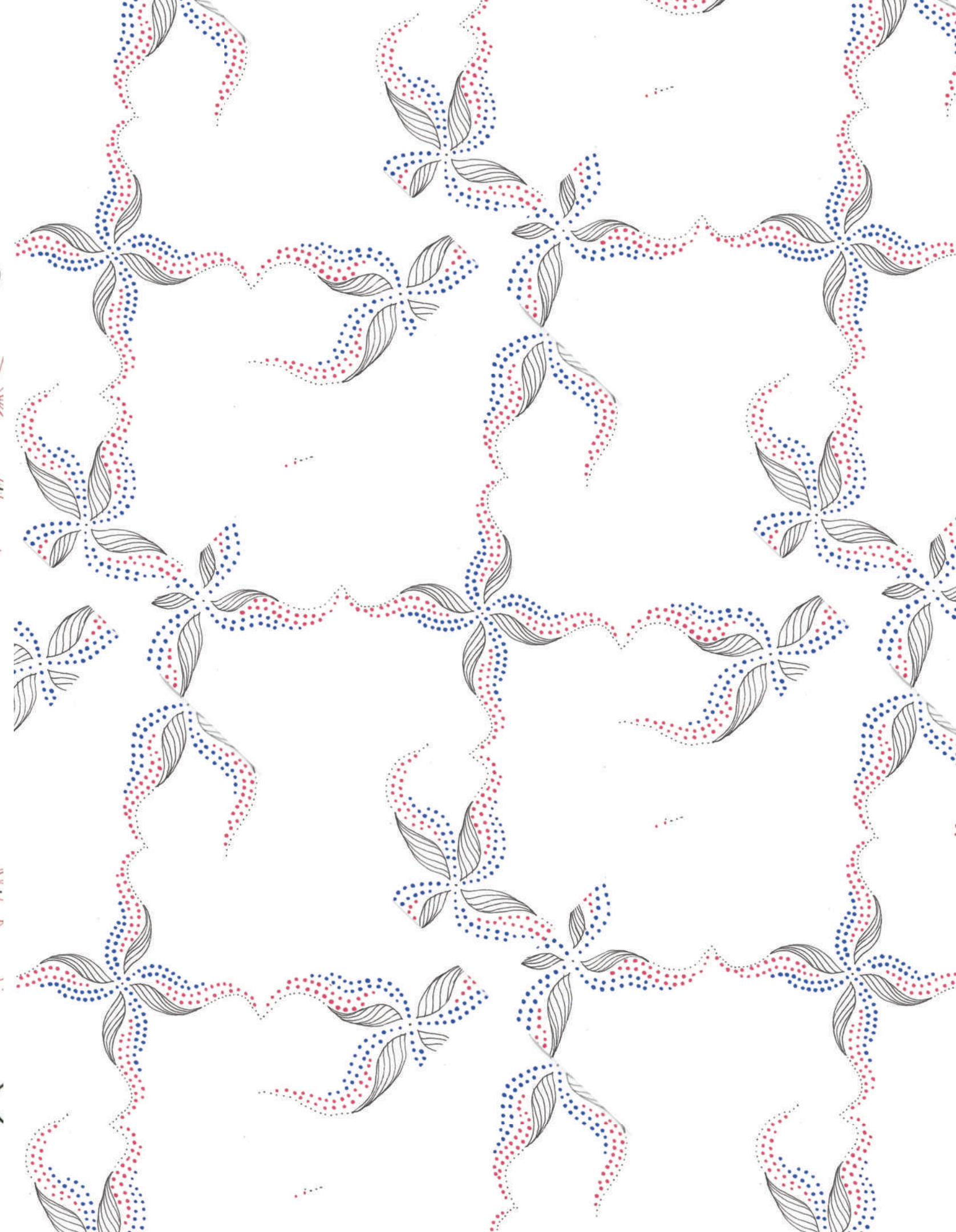
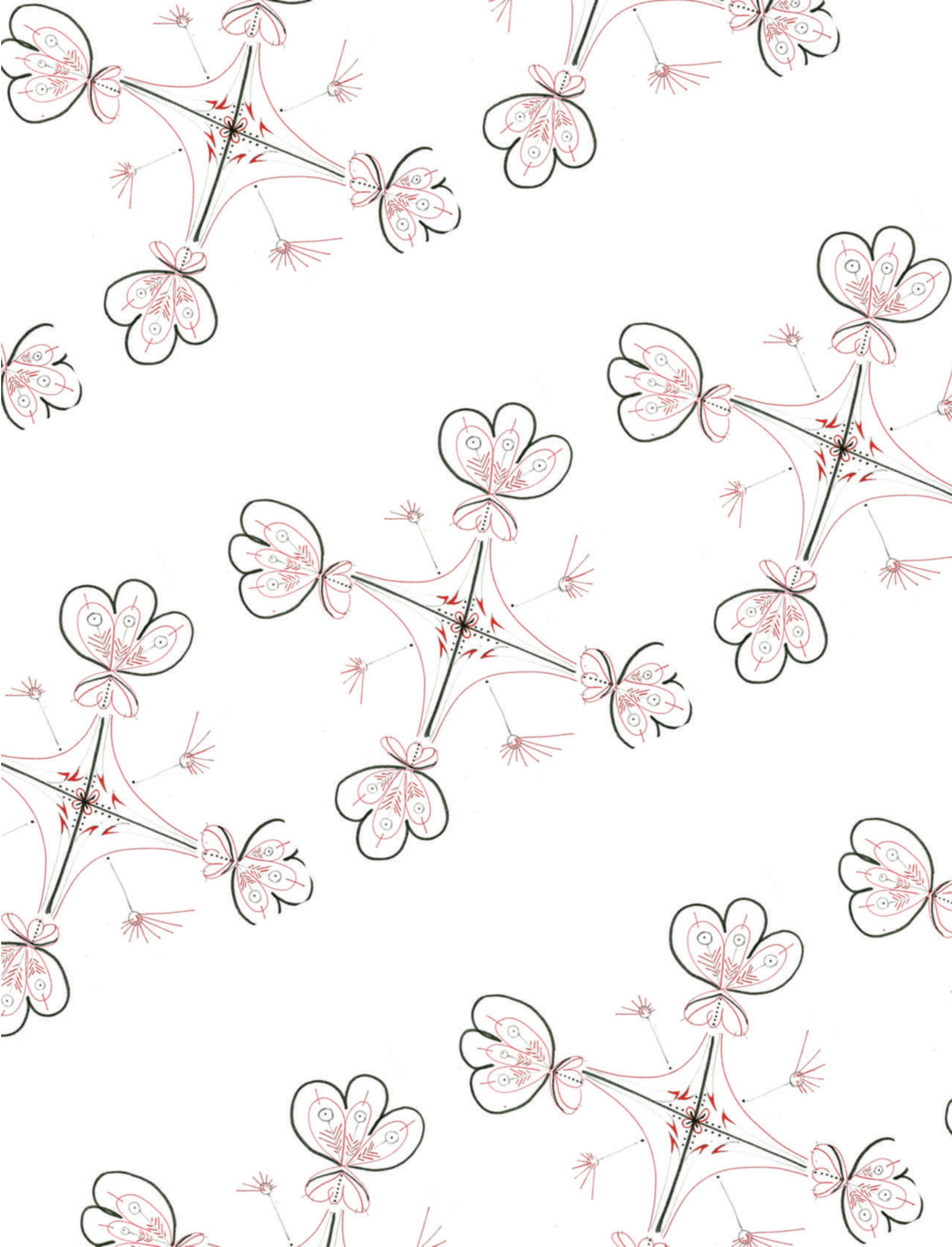




GALLA

vision 2019





GALLA

vision 2019



REFINEMENT

I am self-aware.

I have clarity.

I use all dimensions and nuances of my power.





Self-Awareness

I am multi-faceted. I have commitments to myself and my loved ones. I spend time moving: swimming, dancing, hiking, yoga, and biking. I find beauty in shape, color, nature, and texture. My femininity is dynamic, always changing and evolving especially in relationship with my own body.





Clarity

My eclectic wardrobe embodies four primary elements.

1. Timeless sophistication. I wear fabrics like silk, solid and neutral colors like black, greys and muted blues, white, and brown. These are well-made, quality pieces often in traditional silhouettes.

2. Bodily awareness. I wear clothes that support various forms of movement.

3. Femininity. I wear flowing fabrics, dresses, and skirts. I wear pieces that are conscious of the shape of my body, such as the narrowness of my waist or the strength of my arms.

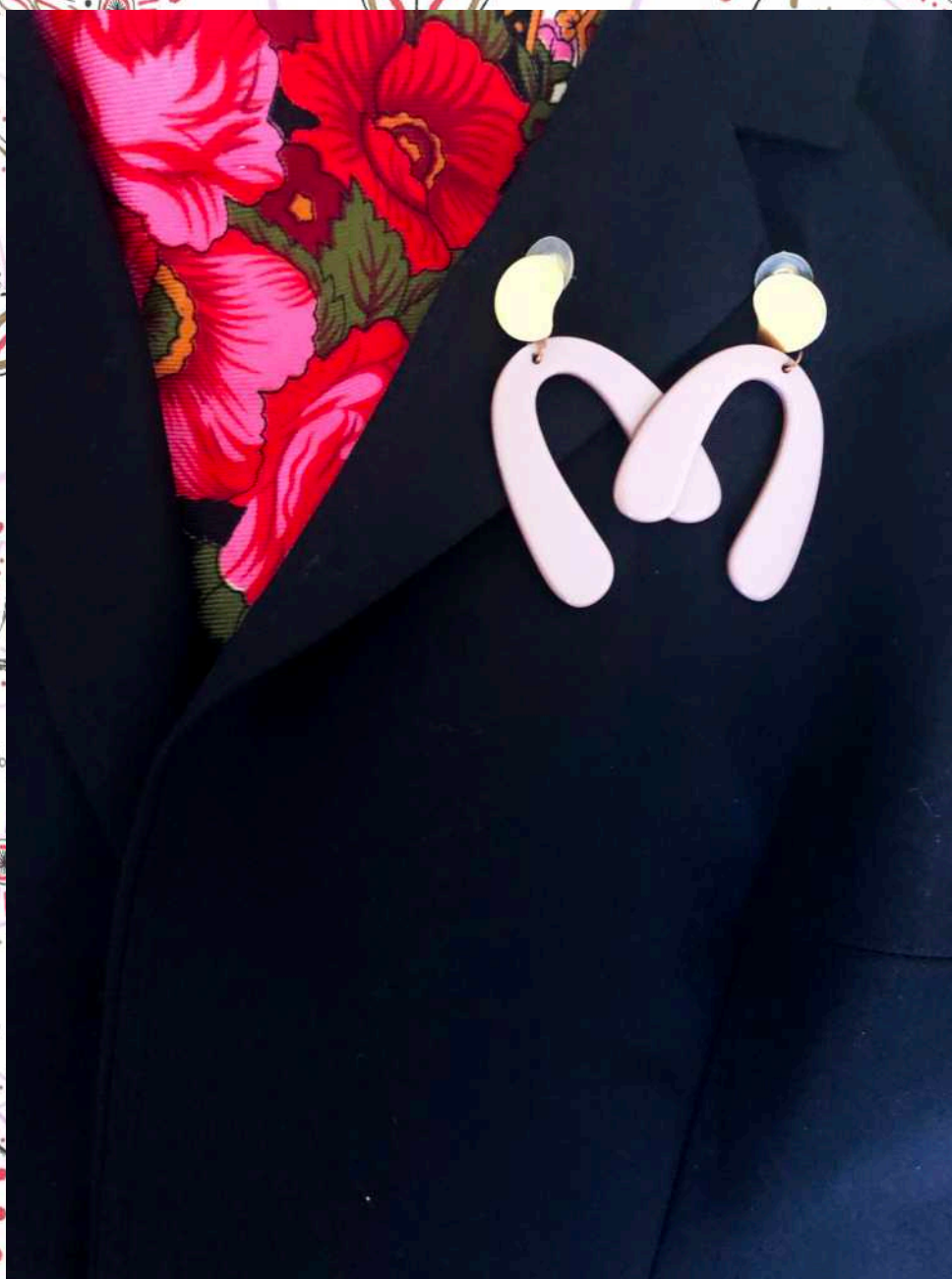
4. Bold and creative play. I wear sculptural shapes with a design focus. I wear bright and multi-colored pieces and I mix these shapes and patterns.



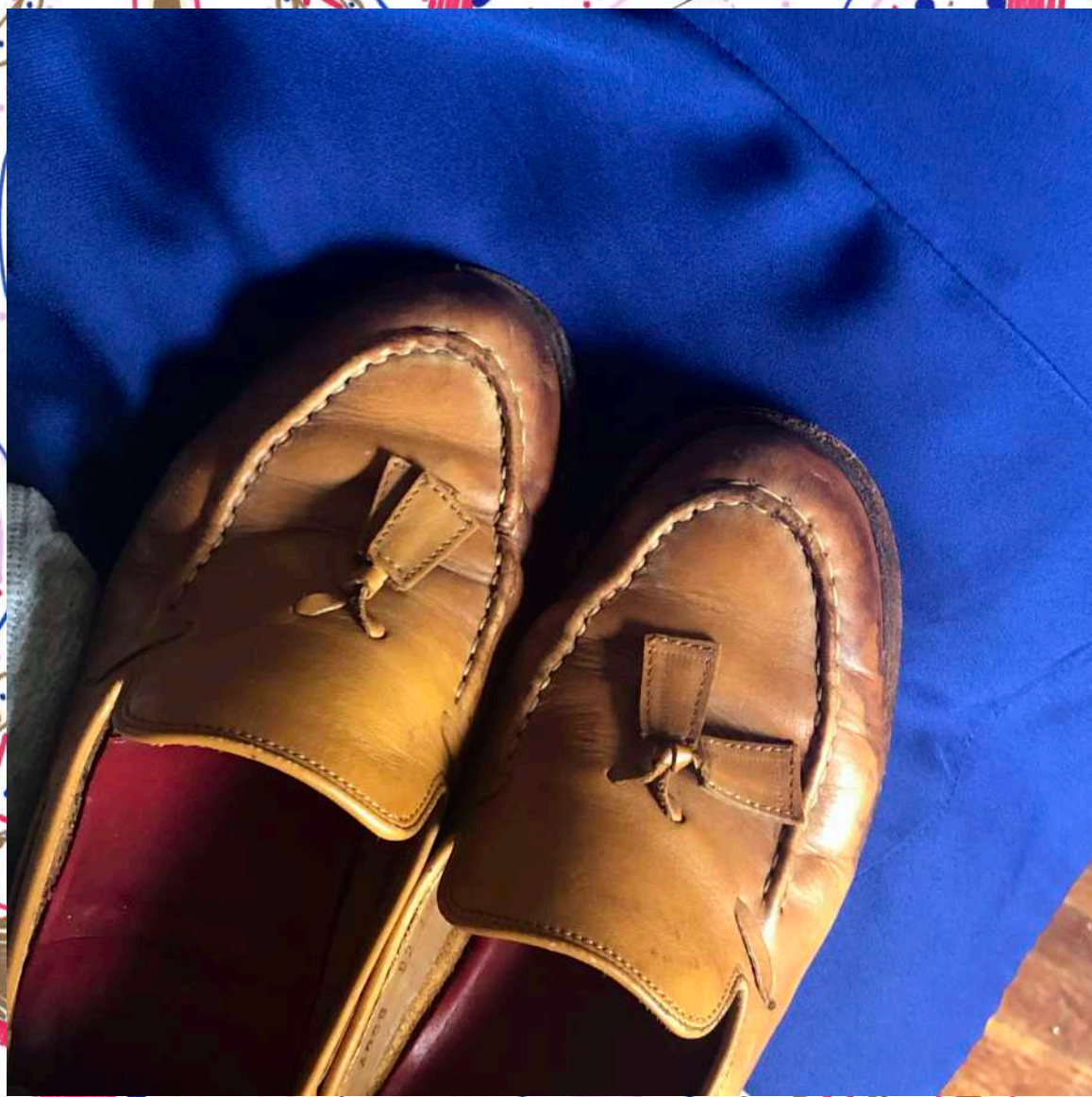


Power

I use all dimensions and nuances of my power by paying attention to detail. Each item in my wardrobe is intentional because it has a purpose in supporting my clarity. I integrate all four elements. I do this using individual pieces which embody each element, or by combining the elements in ways which manifest any particular element. For example, I may be wearing traditional pieces but I combine them with bold patterns and prints, or in a bold way such as a strong monochromatic palette. I use athleisure as a neutral element in my wardrobe because of the priority I place on movement and being present in my body.















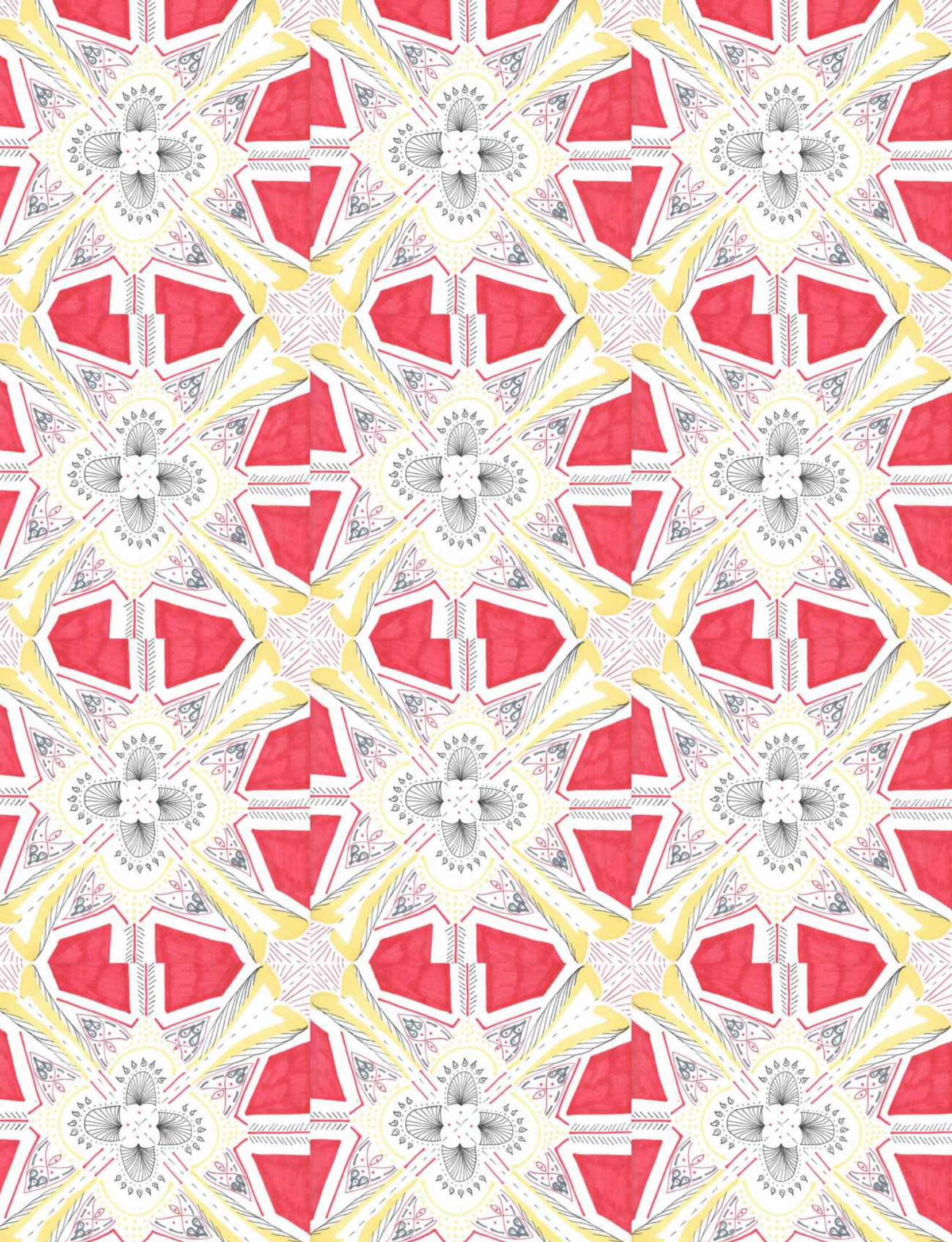


KEYWORDS

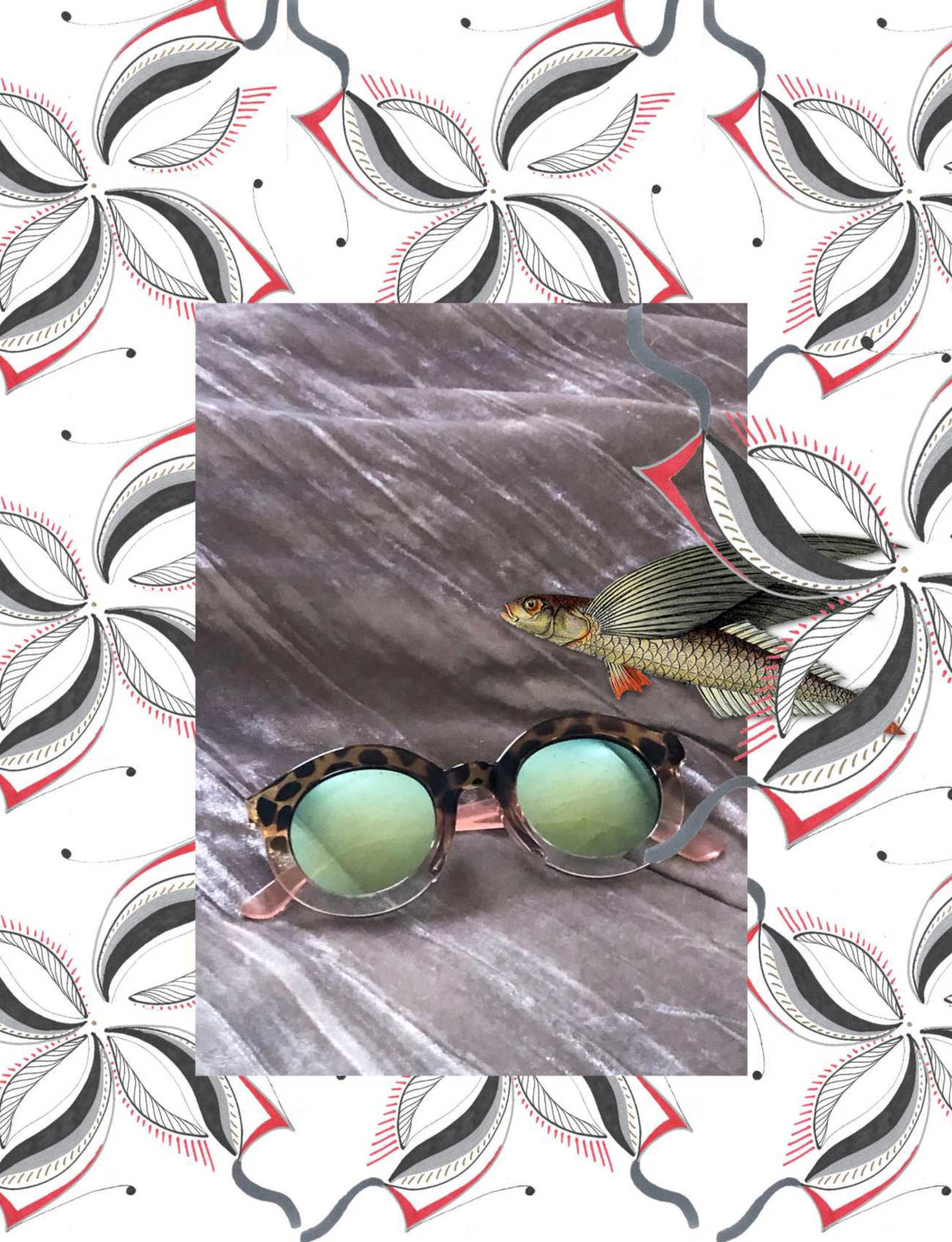
Experimentation
Eclectic
Playful
Creative
Refinement
Occasion-based
Bold

INSPIRATION and STRATEGIES

Integration for full power/manifestation
Monochrome
Nature Palettes
Supergraphics
Bold Accessories
Athleisure
Maxi dresses
Comfort
Quality
Mixing Elements - simple shape + pattern, bold shape + subdued palette

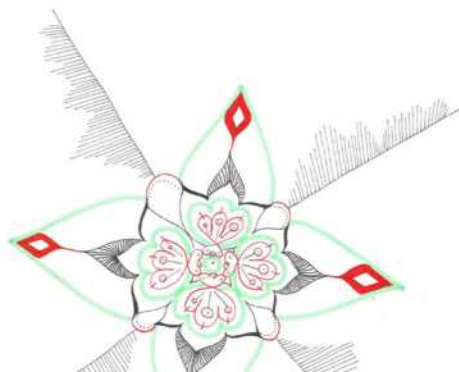
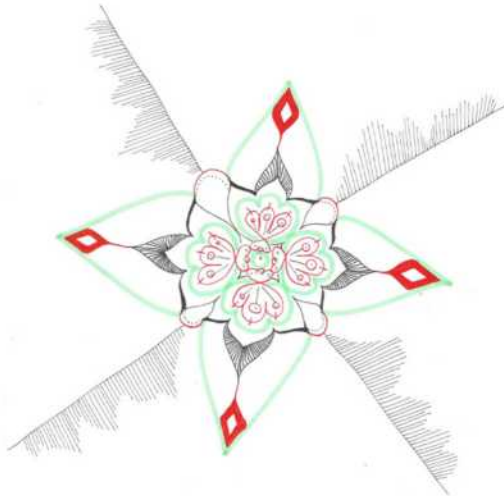
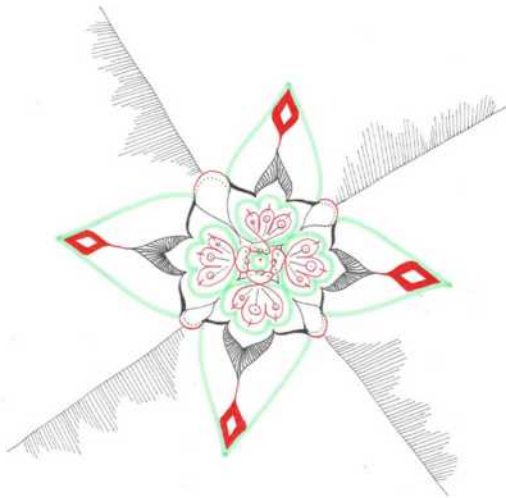














FLYING FISH



I arrive at the field and see the tiger. I look deep into the tall grass and he emerges. His coming signifies one message: Do not fear your own power. Do not fear that the different parts of your own nature are at odds. Although each element is fierce, they are not opposite or opposing. They must be brought into harmony.



I move through the woods and see a river down a hillside, but my attention is suddenly drawn towards the sky. Blue. Iridescent. I think it must be a fish, but I have to stay and watch because I don't understand why a fish is so high above, above the river, above the woods. It swims through the air with blue wings outstretched, almost one with a glittering sky, only its undulating movement distinguishes it from the surrounding atmosphere.

The fish is traditionally a symbol of the feminine, but when she's swimming in the air, it is a call to balance the masculine, yang, air element with the yin water element.

I hear:

As Above, So Below
Symmetries

Creative Solutions - The Unimaginable
Pushing Boundaries

Wind & Water - Feng Shui



The Flying Fish is your Style Totem.

SEA

You are gaining greater comfort in being with the flow and rhythm of your life. You are happier to go where life leads you, to let go and rest in the present.

There is more acceptance in allowing things to be as they are, to develop as they will. The wind that blows across the sea carries many messages, and can either move us forward or thwart our progress. But that is understood and respected as simply the way of the Sea—the way of life. You are absorbed and enthralled with all that is unknown about the eternity and depth of your soul. The grandeur of the human soul feels awe-inspiring and protective.

In folklore, the Sea is deeply loved and respected for its power and beauty, its vastness and mystery. Adventurers tested their mettle by taking to the Sea in skin boats, allowing the Sea to deliver them their fate, even if it meant they would perish. They sought lessons, wisdom and destiny from the Sea, which represented the All, the one great Soul, from which we come and to which we return. The ebb and flow of life, the joys and sorrows of the human condition were believed to arise and emanate like weather, from the Sea.

Meditation: Allow yourself to be lifted from an ocean shore by the great waters of the Sea. You float further away from land and drift toward the horizon. There is only Sea that surrounds you. The surface of the Sea begins to spin like a great wheel. You see a variety of creatures afloat in the spin, each seeming to play its own part in a great whirling dance. Give yourself over to the rhythm of the dance, letting the arms of the Sea carry you. Move freely as if you were a dancer. The water enfolds you into an ever-diminishing spiral and you flow to the center of the wheel, where you twirl around and around, at once the hub and the center of a great watery universe and at the same time an indistinguishable part of the whole. Feel the vast endlessness of the Sea. Absorb the love and support of the present.

